

FUEL PLANE

BACK BY POPULAR DEMAND!!

"GET IN THE ACTION WITH FUEL UP TO PLAY 60"

FREE TRAINING SPONSORED BY

MA ACTION FOR HEALTHY KIDS and NEW ENGLAND DAIRY & FOOD COUNCIL

Help students eat healthier and move more with Fuel Up to Play 60! This innovative FREE program developed by the <u>National Dairy Council and National Football League</u> helps students change their schools to support healthy eating and physical activity.

- ✓ Learn to use Fuel Up to Play 60 materials and resources to set goals and choose action strategies to fit the needs of your school.
- ✓ Discover how you can apply for up to \$4,000 in funding to implement and sustain wellness improvements to reach your goals.
- ✓ Learn about Massachusetts Action for Healthy Kids, its partner organizations and the resources available to help your school.

TWO DATES AND LOCATIONS TO CHOOSE FROM:

Wednesday, April 24th Thursday, April 25th
Basketball Hall of Fame, Springfield, MA CBS Scene at Gillette Stadium, Foxborough, MA

Please follow this link to RSVP and select your location.

TIME: 10am-2pm. Lunch will be provided.

Registration is open to the first 20 school teams with *2-3 members at EACH location *(Must have a team to attend)

School teams may be made up of any combination of a School Nutrition Director, PE Teacher, Principal, Teacher, School Nurse, Parent, Superintendent, School Committee Member.

COST: FREE!

For more information contact: Diane Krol at 413-743-2345 or at DKrol@NewEnglandDairy.com

HURRY! SPACE IS LIMITED! ACT TODAY! THIS EVENT SOLD OUT IN 24 HOURS LAST YEAR!

NOTE: Preference will be given to those schools that did not attend last year's training and who have not received Fuel Up to Play 60 funding.